

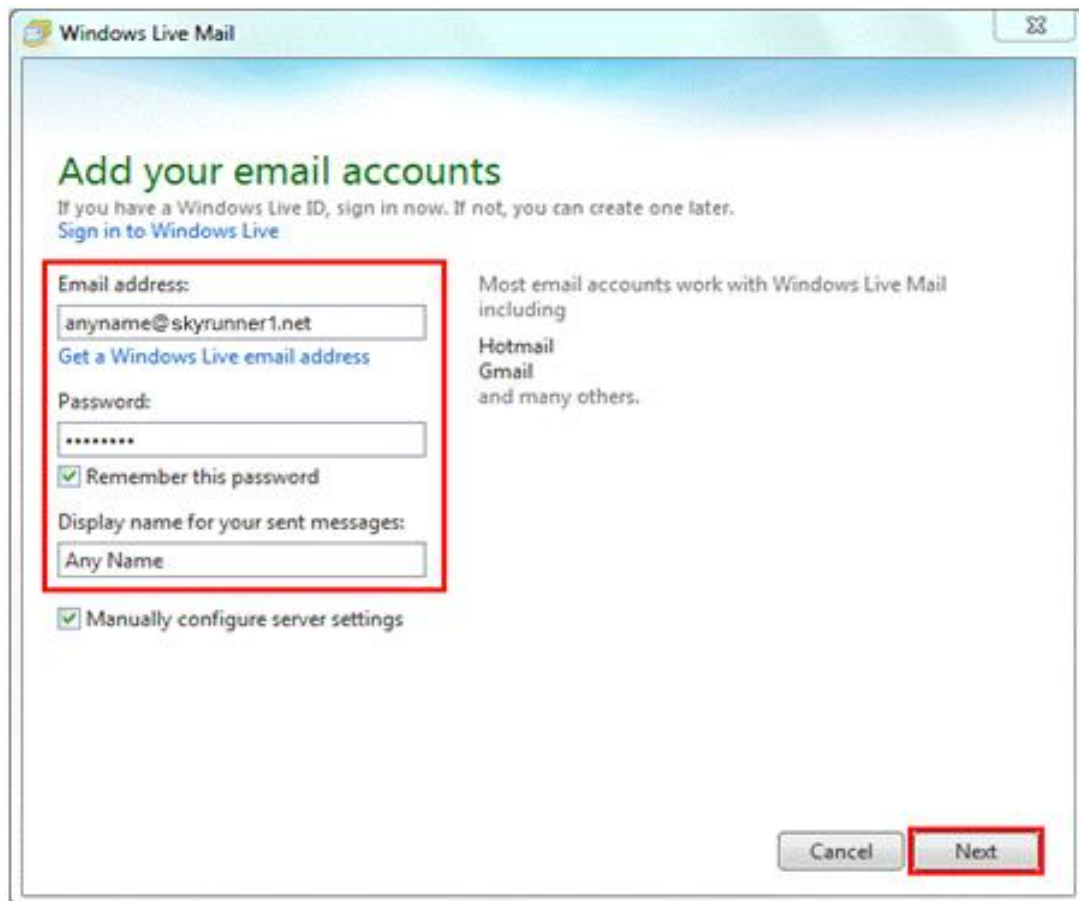
To set up Windows Live Mail in Windows 7, complete the following steps:

1. Open **Windows Live Mail**.
2. From the **Accounts** tab, click **Email**.



Result: The **Add your email accounts** window displays.

3. On this window you will need to enter your account details.
 - a. Enter email account information in the following fields.
 - o **Email address**
 - o **Password**
 - o **Display Name**
 - b. Click the **Next** button.

A screenshot of the 'Add your email accounts' window in Windows Live Mail. The window title is 'Windows Live Mail'. The main heading is 'Add your email accounts' in green. Below it, there is a sub-heading: 'If you have a Windows Live ID, sign in now. If not, you can create one later. Sign in to Windows Live'. The form contains several fields: 'Email address:' with the text 'anyname@skyrunner1.net' and a link 'Get a Windows Live email address'; 'Password:' with a masked field '*****' and a checked checkbox 'Remember this password'; 'Display name for your sent messages:' with the text 'Any Name'; and a checked checkbox 'Manually configure server settings'. To the right of the form, there is text: 'Most email accounts work with Windows Live Mail including Hotmail Gmail and many others.' At the bottom right, there are two buttons: 'Cancel' and 'Next', with the 'Next' button highlighted by a red rectangular box.

4 **Result:** The **Configure server settings** window displays.

- a. Select **POP** from the **drop down** menu.
- b. Enter the **Server address** for the **Incoming** and **Outgoing server information**.

Windows Live Mail

Configure server settings

If you don't know your email server settings, contact your ISP or network administrator.

Incoming server information

Server type: POP

Server address: Enter POP Server Port: 110

Requires a secure connection (SSL)

Authenticate using: Clear text

Logon user name: anyname

Outgoing server information

Server address: Enter SMTP Server Port: 25

Requires a secure connection (SSL)

Requires authentication

Cancel Back Next

Incoming: mail.skyrunner1.net
Outgoing: smtp1.skyrunner1.net

- c. Click the **Next** button.

5 **Result:** The **Your email account was added** window displays.

Click the **Finish** button.

At this point your email is setup and ready to send and receive.